

Northampton Aquatic & Family Center @ JFK Middle School, Bridge Rd. Florence

FALL POOL SCHEDULE 9/5 - 11/26/06



Check schedule carefully. Call ahead if you are worried about lane availability.

MONDAY:
6:00 - 7:25 am
7:30 - 8:25 am
3:00 - 5:30 pm
5:30 - 6:30 pm
6:30 - 8:30 pm

Masters Swim Club
Lap / Aerobics
Lap / OPEN
Lap / Aerobics
Swim Team

LAP = Lap swimming
OPEN = Open swim for
anyone to come & have
fun in the pool!

TUESDAY
6:30 - 8:25 am
4:00 - 6:00 pm
6:00 - 7:00 pm
7:00 - 8:30 pm

Lap
Lap / OPEN
Lap / Aerobics
Swim Team

WEDNESDAY:
6:00 - 7:25 am
7:30 - 8:25 am
3:00 - 5:30 pm*
5:30 - 6:30 pm
6:30 - 8:30 pm

Masters Swim Club
Lap / Aerobics
Lap / OPEN
Lap / Aerobics
Swim Team

**Please note: OPEN Swim in Shallow end only during Diving class 3:30-4:15 pm 9/13-10/18*

THURSDAY:
6:30 - 8:25 am
4:00 - 6:00 pm
6:00 - 7:00 pm
7:00 - 8:30 pm

Lap
Lap / Swim Lessons
Lap / Aerobics
Swim Team

FRIDAY:
6:00 - 7:25 am
7:30 - 8:25 am
3:00 - 6:30 pm
6:30 - 8:30 pm

Masters Swim Club
Lap / Aerobics
Lap / OPEN (Birthday Party 4:00-5:15)
Swim Team

SATURDAY:
9:30 - 11:30 am
11:30 - 5:00 pm

Lap / Swim Lessons
Lap / OPEN (Birthday Parties 2-3:15 pm)

SUNDAY:
10:00 -11:30 am
11:30 - 1:00 pm
1:00 - 5:00 pm

Lap / OPEN
Lap / OPEN / Free Community Senior Swim
Lap / OPEN (Birthday Parties 2-3:15 pm)



**Pool and AFC Closed: 10/9 (Columbus Day), 11/10 (Veterans Day),
and 11/22 (pm only), 11/23, and 11/24 (Thanksgiving Break)**

SCHEDULES CHANGE AND ARE SUBJECT TO CHANGE DUE TO SPECIAL EVENTS

**AFC @ JFK Middle School, Bridge Rd. , Florence
Mon-Fri 4-8 PM & Sat and Sun 10-5 (587-1046) or
Northampton Recreation Dept., 90 Locust St., Northampton
Mon-Fri 8:30 AM-4:30 PM, 587-1040.
www.northamptonma.gov/recreation**

AQUATIC & FAMILY CENTER



For complete details on the following, please see the Program Guide.

Northampton Area Swimming
Water Aerobics
Youth Lessons
Masters Swim Club
Private Swim Lessons

Yoga
Knitting
Birthday Parties
Open Coed Volleyball
Men's & Women's Basketball

Membership

1 Year

6 Month

Walk-in Daily Passes

Pass Description

Fee

Fee

Resident Youth

\$65

\$45

Resident Youth/Senior

\$3

Resident Adult

\$110

\$80

Adult Resident

\$4

Resident Senior

\$65

\$45

Resident Family

\$215

\$130

Nonresident Youth

\$115

\$64

Nonresident Adult

\$5

Nonresident Adult

\$150

\$94

Youth/Senior Nonresident

\$4

Nonresident Senior

\$115

\$64

Nonresident Family

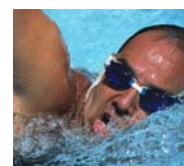
\$280

\$155

Youth is Under 16.

Senior is over 55

Guests of members receive \$1 discount on their admission.



Lap Swimming Etiquette

Lap lanes are available for adults (16 years or older). If a lane is empty, children may swim *LAPS* in the lane. When an adult arrives, though, the child must leave the lane. When swimming alone you have the entire lane; 2 people split the lane; 3 or more swim in circles: up one side and down the other. Speed is not important; faster people will pass slower people and everyone works at their own pace. Please inform all other swimmers in lane when joining them to prevent accidents. Lockers are for day use only.

OTHER NOTES

- Please enter through the rear of the school, across from the tennis courts.
- Pre-registration is required for all classes. Some classes may be cancelled if enrollment requirement is not met.
- If you wish to play basketball or volleyball and then use the pool, and you are not a member, *you must pay the full walk-in fee.*
- Guests who are accompanied by a member receive a \$1 day pass discount.
- Infants must wear gathered plastic pants or a suitable swim diaper.
- Children wearing bubbles must remain in the shallow end & be accompanied by a participating adult.
- All children 5 years and under must be supervised by a participating adult
- In the event of a birthday party (Fri., Sat & Sun), there may be limited lap lanes available during party.
- If school is closed due to inclement weather, the AFC is closed.

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